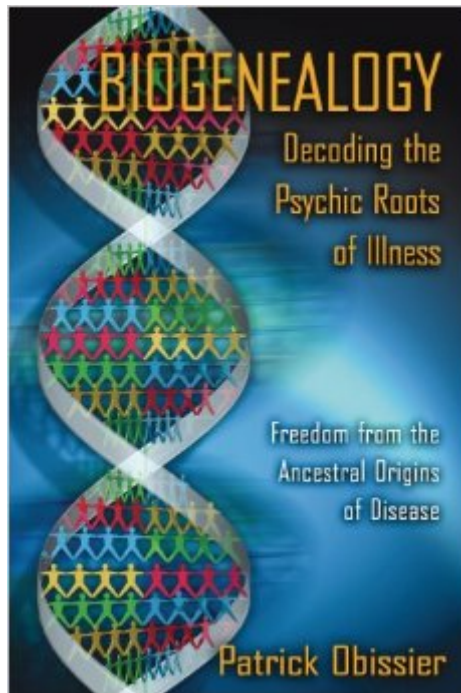


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Biogenealogy: Decoding The Psychic Roots Of Illness: Freedom From The Ancestral Origins Of Disease



Synopsis

Reveals the psychic causes of illness and how to decode and resolve them • Explains how we inherit illness from our ancestors via cellular memory and provides protocols for diagnosis and treatment • Demonstrates how illness is an ally that enables individuals to restore balance to both their life and that of their family tree

Biogenealogy: Decoding the Psychic Roots of Illness offers protocols for diagnosis and treatment for conflicts that can span generations. While the idea that emotional stress lies at the origin of every illness is becoming more readily acceptable today, it also is possible to trace the root cause of an illness to our ancestors--their unresolved psychic distress can become part of the cellular memory inherited by their descendants. Until the issue has been settled successfully, it will continue to trigger illnesses in the generations that follow to offset the mind's inability to resolve the problem. Illness is the body's way of protecting those who experience severe emotional shock or excessive amounts of stress. Illness is therefore an ally, rather than the adversary conventional medicine purports it to be. Understanding illness in this way directs us to look for the psychic conflict that underlies it in order to eliminate the disease, rather than merely dealing with its overt physical symptoms. For example, diabetes, which creates excess sugar in the bloodstream, can be triggered by the stress caused by feelings of powerlessness: To compensate for the sense of powerlessness, the body manufactures more sugar to fuel the muscles. To stop this excess sugar production, the psychic distress beneath it must be resolved or it will be passed on to the next generation. When we discover the solutions that create harmony in the body and in our life, the body will no longer have to manufacture illness to restore a sense of balance, and illness will no longer be part of the bequest we leave our descendants.

Book Information

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Customer Reviews

This book is a translation of the author's French language book about the concepts and implications of the "New Medicine" generated by research of Dr. Hamer. The ideas are well presented for the layperson, with numerous analogies and metaphors. The basic ideas are revolutionary to the existing paradigms which dominate medicine. In the biodecoding process of this field it is understood that psychological conflict lies at the root of illnesses, with observed symptoms being the mind-body system's tool to deal with a conflict. Many case studies are described and the author reports how Dr. Hamer and others have used brain scans to correlate how these psychological/emotional issues are communicated through brain relays to associated organs and tissues. This book is an excellent introduction to these ideas. Some interesting philosophical and metaphysical conclusions are offered in this book, with these being in my view the only areas of weakness to the overall presentation. Soul memory is presumed in this book to be ancestral memory (rather than an additional layer of memories/programming from incarnations that exist independent of one's family lineage, the idea I consider most plausible). The discussion of destiny seems incomplete and paradoxical, though it does stir thinking about the nature of how circumstances come into being and how shifts in consciousness and awareness can shift one's path and experience. Using illness as a catalyst for transformation and resolution of underlying psychospiritual issues is an important model for those seeking to understand the healing process. The author acknowledges that a broad spectrum of therapies may assist in this process, while he shows how "detective work" of some sort is vital to facilitating genuine healing and resolution of illness.

I would have been kinder in my rating of this book if the author had not made so many unsubstantiated claims. For one thing, the use of the term "biogenealogy" in the title is highly misleading. There is nothing scientific about this book: it provides absolutely no scientific research or references to back the author's claims, a significant omission. While I am always interested in new hypotheses, I object to opinions being presented as fact - as this author does, repeatedly. I not only find Obissier didactic, I find him pessimistic. If anything, he has us looking over our shoulders in fear of what our ancestors may have passed on to us. This smacks of negative motivation. Obissier ignores the fact that a predisposition to a particular pathology does not automatically mean it will

manifest itself in one's lifetime. For example, you don't have to die of heart disease simply because your father did. Your current lifestyle choices have far more relevance, and can even override your genetics. The same applies to the emotional legacies that Obissier refers to. Candice Pert, for one, has shown the effects of mind (here and now) on one's physiology in "Molecules of Emotion" In fact, current research is showing that even DNA is not static - and while modified by our ancestors' stressors, is nevertheless subject to our own mental influence. I am therefore concerned to see little reference in this book to mental and physical choices we can make now, or specific strategies we can employ. If Obissier is entering the nature-versus nurture debate, coming out on the side of nature, his argument is unconvincing if not prejudiced. Even if his theories are intended to be an extension of the Buddhist spirit of acceptance, they are very negative (which Buddhism is not).

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